

What You Need to Know About Your Counselor (Professional Disclosure Statement):

2917 Millwood Avenue, Suite B
Columbia, SC 29205
864-978-6658

Danielle Allen, Ed.S, LMFT, LPC, LPCS

Introduction

I am a Licensed Marriage and Family Therapist (LMFT), Licensed Professional Counselor (LPC) and Licensed Professional Counselor Supervisor (LPCS) in the State of South Carolina. A counselor since 2007, I worked previously at Richland School District Two as a Family Intervention Specialist and at Epworth Children's Home, helping to reunite youth in a residential setting with their families. I've been training extensively in Emotionally Focused Couples Therapy since January, 2016 and am heavily informed by attachment theory as well as experiential psychotherapy. My therapy is relationship-based; I believe that the power to heal lies with the relationship. Whether working with a couple, family or individual, I treat from a relationship perspective that is based in systems concepts, meaning I always consider the systems a client lives in (family, work, culture, etc.). System theory considers how each part of a system interacts, communicates, and reacts with the other parts, and considers values, patterns, themes and cultures of that system.

Education

I received a Bachelor of Science in Psychology from Wofford College, Spartanburg, SC and an Education Specialist Degree in Counselor Education with a specialization in Marriage and Family Therapy from the University of South Carolina, Columbia, SC.

Professional Qualifications

Clinical Fellow, The American Association of Marriage and Family Therapy
South Carolina Licensed Marriage and Family Therapist, LMFT #4618
South Carolina Licensed Professional Counselor, LPC #5083
South Carolina Licensed Supervisor for Professional Counselors, LPCS #5528

Areas of Specialization

Couple/Marriage Counseling	Family Therapy
Group Counseling	Individual Therapy
Family Life Cycle Issues	Adolescent Therapy/At-Risk Youth
The Good Divorce/Positive Coparenting	
Supervision and training for licensure as a Licensed Professional Counselor	

Office Address

I am currently practicing at:

2917 Millwood Avenue, Suite B
Columbia, SC 29205

Fee for Service

The fee for a standard 50-minute session is \$140 for couple or family therapy and \$120 for individual therapy. While I do not file insurance, I am more than happy to provide you with any necessary paperwork to file a claim yourself. Please note that most health insurance companies require a diagnosis of a mental-health illness before they will reimburse counseling sessions; any diagnosis made would become part of your permanent file. Current methods of payment accepted are check, cash or credit/debit cards.

Legal and Ethical Considerations

As an ethical and legal counselor, I am committed to abiding by all federal and state laws pertaining to counseling and confidentiality and both national and state Codes of Ethics through her professional organization:

American Association of Marriage and Family Therapy

http://www.aamft.org/iMIS15/AAMFT/Content/Legal_Ethics/Code_of_Ethics.aspx

These codes include standards of behavior expected of all professional counselors. One example of such behavior regards the ethics of sexual conduct "...sexual intimacy between a practitioner and a client is prohibited."

Complaints

Although clients are encouraged to discuss any concerns initially with their counselor, you may file a complaint against me with the organizations below should you feel I am in violation of any laws or codes of ethics.

SC Board of Examiners for Licensure of Professional Counselors and, Marriage and Family Therapists and Psycho-Educational Specialists

Telephone: (803) 896-4658

<http://www.llr.state.sc.us/POL/Counselors/index.asp?file=complaint.htm>

American Association of Marriage and Family Therapy

Telephone:(703) 838-9808

http://www.aamft.org/iMIS15/AAMFT/Content/legal_ethics/Ethics_Complaint_Process.aspx